



Seth Matthew Lucas

March 3, 1980 - February 20, 2019

Seth left us suddenly, without warning. We lost a son, a brother, a devoted and beloved father, best friend and, simultaneously, the world lost one of its most beautiful human beings. You are never prepared for such a loss. You create someone, you nurture and protect them and they grow. There comes a time however when they have to lead their own life, or die their own death. And so, as he is remembered, it is our hope the focus will not be on Seth's death, but on the countless moments of joy and laughter he gave to us.

He gave his immeasurable capacity for compassion freely and generously to those who needed it most. And it is this for which he will be remembered, the legacy he left behind. All of us who loved Seth have found some solace in the tremendous outpouring of affection and admiration for him from the people whose lives he touched. His greatest legacy, besides his three children, is the joy and happiness he offered to others, particularly to those fighting personal battles.

Grief is like an unwelcome stranger who invites himself into your life and often stays too long. The way we look at it is that heaven was needing a hero. This brings us some measure of peace. Seth was brave and kind, resilient, funny, and a gifted athlete and student. He knew everything there was to know about books, movies, music, sports and just life as we know it. He cherished his family.

So it is not farewell. Seth will live on in our hearts, right here.

Seth served in the U.S. Army and then graduated from the University of Connecticut with a Bachelor's degree in psychology. He completed a Masters in marriage and family counseling from St. Thomas University in Minneapolis, Minnesota. He was a Therapist at the Lee Carlson Center for Mental Health and Well-Being in Minnesota. He is survived by his three beloved children, Aidan, Madeline and Rhenner Lucas and his former wife, Margo Lucas; his mother, Ellie Cruz; his father and stepmother, Fran and Jill Lucas; his brother and sister-in-law, Zachary and Lorna Lucas. He is also survived by his niece, Brooklyn Lucas and godson, Asher Lucas. In addition, he leaves his uncle, Jack Cruz, aunt, Sandy Cruz, and cousin, Stella; his aunt and uncle, Jackie and Jack Deflumeri; and, his three cousins, Sarah, Hannah, and Emma Deflumeri, aunt and uncle, Bob and Gail Sevestre, and cousins, Rachel and Brandan.

A prayer service will be held at the Evans Nordby Funeral Home Chapel in Brooklyn Center, Minnesota on Tuesday, February 26, 2019, at 4PM with a gathering time at 3PM. Interment at Arlington National Cemetery at a later date.

Gathering Time



Tuesday, February 26th 3PM



Evans-Nordby Funeral Home, 6000 Brooklyn Blvd., Brooklyn Center, MN

[Driving Directions](#)

Prayer Service



Tuesday, February 26th 4PM



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